



Chef-prepared meals. Restaurant-style dining.

Our commitment to providing exceptional food and dining services is just one of the many ways we express our care and concern for our residents. Chefs who are trained in the country's finest kitchens prepare our residents' meals. Only the freshest ingredients are used. Special requests are welcomed and may even end up on the menu. Dining at our campus isn't only about eating a meal; it's a culinary adventure!

Taste how good life can be!

Residents at Fern Terra enjoy a dining experience that embraces seasonal ingredients and provides wholesome selection and variety. Our goal is to prepare delicious food that is as nutritious as it is enjoyable. Our culinary staff and dining services team members have fully embraced ongoing education, development and training to ensure best practices are evident and nutritional needs are met or exceeded in every course we serve.

Whether our residents choose to dine in their suites or join others in our dining room, our meal services are designed to create a superior dining experience, including:

- **Restaurant-style dining** – Meals are served tableside in courses
- **A variety of delicious, nutritional meals**
- **Alternate meal options available on our Café Menu**
- **Open breakfast daily from 7 a.m. to 9 a.m.**
- **Fresh salad bar available all week**
- **Juice, coffee and Pepsi products available anytime**
- **Old-fashioned, hand-scooped ice cream**
- **Holiday events featuring culinary classics**
- **Monthly Sunday Brunch**
- **Taste of the Town** – Local restaurants featured monthly
- **Quarterly Themed Dinners** – Unique activities and a distinctive dining experience
- **Private dining rooms for special events and family gatherings**



Sample Menu

Fern Terra of Owensboro

The items below are only a small sample of some of the daily meal options provided to our residents. Please join us for an exquisite dining experience and taste how good life can be at our campus.



Breakfast

Choice of hot or cold cereal
Choice of eggs cooked to order
Sausage patty/bacon slices
French toast
Biscuits and gravy
Fresh fruit
Wheat toast
Assorted beverages

Lunch

Oven-glazed meatloaf
BBQ pork sandwich
Chicken and dumplings
Mashed potatoes with gravy
Homestyle green beans
Tossed salad
Fresh bread
Assorted beverages

Dessert

Fruit cobbler
Ice cream
Key lime pie

Dinner

Beer-battered fish
Breaded pork tenderloin
Vegetable soup
Macaroni and cheese
Potato salad
Cole slaw
Fresh mixed vegetables
Fresh fruit
Assorted beverages

Dessert

Caramel apple cake
Banana split
Black forest brownie

Café Menu

In the event that a resident or guest would like something other than what's on the day's menu, our Café Menu provides up to ten alternative options from which to choose. The Café Menu is updated with new alternatives on a regular basis. Some examples include:

- **Fresh soups** – cream of tomato, chicken noodle
- **Salads** – chef's salad, cottage cheese and fruit plate
- **Sandwiches** – chicken salad, grilled cheese and tomato
- **Entrées** – country fried steak, grilled pork chop, chicken tenders
- **Sides** – onion rings, broccoli, baked potato
- **Homemade desserts** – choice of pudding, gelatin cup, fresh fruit cup

