

Sample Menu

Fern Terra of Owensboro

The items below are only a small sample of some of the daily meal options provided to our residents. Please join us for an exquisite dining experience and taste how good life can be at our campus.

Breakfast
Choice of hot or cold cereal
Choice of eggs cooked to order
Sausage patty/bacon slices
French toast
Biscuits and gravy
Fresh fruit
Wheat toast
Assorted beverages

Lunch
Oven-glazed meatloaf
BBQ pork sandwich
Chicken and dumplings
Mashed potatoes with gravy
Homestyle green beans
Tossed salad
Fresh bread
Assorted beverages

Dessert

- Fruit cobbler
- Ice cream
- Key lime pie

Dinner
Beer-battered fish
Breaded pork tenderloin
Vegetable soup
Macaroni and cheese
Potato salad
Cole slaw
Fresh mixed vegetables
Fresh fruit
Assorted beverages

Dessert
Caramel apple cake
Banana split
Black forest brownie

Café Menu

In the event that a resident or guest would like something other than what's on the day's menu, our Café Menu provides up to ten alternative options from which to choose. The Café Menu is updated with new alternatives on a regular basis. Some examples include:

- **Fresh soups** – cream of tomato, chicken noodle
- **Salads** – chef's salad, cottage cheese and fruit plate
- **Sandwiches** – chicken salad, grilled cheese and tomato
- **Entrées** – country fried steak, grilled pork chop, chicken tenders
- **Sides** – onion rings, broccoli, baked potato
- **Homemade desserts** – choice of pudding, gelatin cup, fresh fruit cup

